

Mid-Year Dream Power Up + Practice Your Message + Your Fears Are a Treasure Map to your Superpowers **Playshop!**

The BIG POINTS

Remember, Humans are born to do three things: Play B&B:
Play, Belong and Believe.

Everything else is learned.

You can choose what to do with what you have learned.

You can choose what you want to learn from this moment forward.

PLAY

Life is a playground. Humans play.

There are 3 frameworks to play life:

- 1) Life is performance art.
 - 2) Life is a competitive game
 - 3) Life is a worthy quest
- * Or you can choose all three!

BELONG

Humans seek and create belonging with each other all the time. **Humans belong.**

Ultimately you belong to the world. AND the world needs ALL of YOU!

What is Your Message? = What is your magnet to attract/find your tribe?

Practice: Tenacious Self-Love

Proactively stop making any aspect of your humanness into the problem

BELIEVE

A characteristic that is powerful and unique to humans is our ability to create, share and believe stories. **Humans believe.**

In this playshop we will explore what you believe about fear.

Welcome to the playshop: Team CoachVille Edition. The purpose of this playbook is to guide our exploration and so you can participate fully without the need to write too much!

Event Description:

As a natural consequence of living with other people in the Industrial Age the THING you learn to fear the most is your own YOUNique power. 2nd is sharing your personal message to the world!



So almost every fear you experience in pursuit of your dream is connected to something unique, beautiful and powerful about YOU!

Fear has a bad reputation in our world today. So does our ego. But these are misguided remnants of 20th Century pop psychology and self-help. In the Connected Age of Play there is no such thing as self-sabotage. Your ego is good. All of your beliefs are here to serve you.

You have a dream to do big things in the world! Your life is a hero's journey so you can expect BIG challenges that elicit your greatness. You have lost superpowers that can be discovered and unleashed in pursuit of your dream.

If you make fear your enemy it will defeat you.
If you make fear your friend it will guide you.

In this lively conversation – with some teaching – you will learn a powerful new way to:

- Play Life as a performance art, game or quest (the spirit of play is a force for good)
- Explore your fears to find your Inner Wisdom (tenacious self-love is powerful fuel)
- Unleash your hidden powers into Superpowers (your dream needs ALL of YOU)

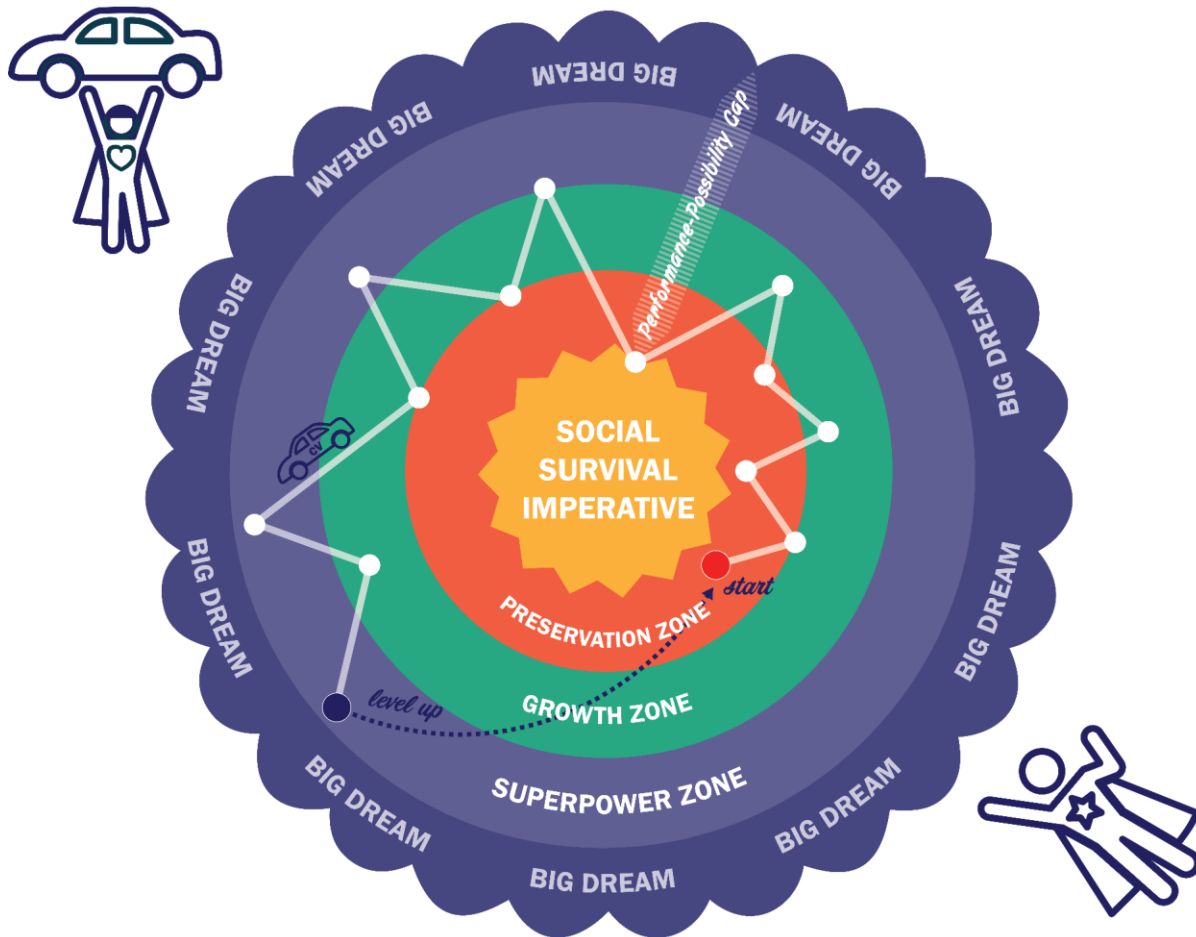
Coach Dave Buck, CEO of CoachVille and one of the first professional Life Coaches in the world, has successfully guided many wildly creative souls to live in the “Superpower Zone”!

Enjoy the program. And enjoy being a member of TEAM CoachVille
Great Coaching Will Transform Our World.

Coach Dave Buck and the CV Team!

The Superpower Zone

The Social Survival Imperative pulls the player in. The BIG DREAM draws the player out.



The Coach guides the Player through an adventure from the Preservation Zone, through the Growth Zone, and into the Superpower Zone. Notice it is NOT a straight line!

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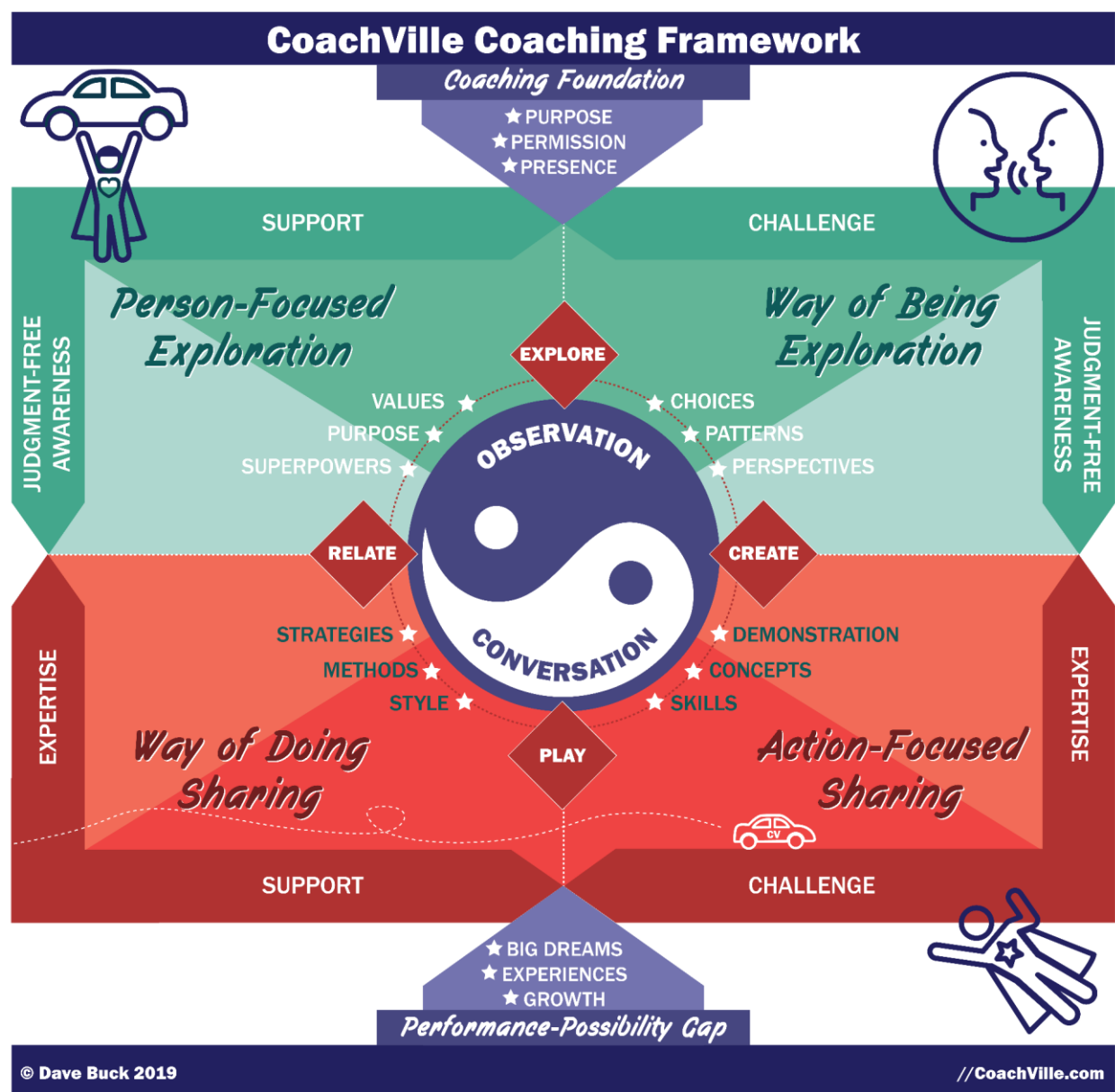
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Big Dreams to explore and contribute v. Preserve Belonging => Create NEW Belonging

The Superpower Zone

The Hero's Journey story is the Human Story. In every Hero's Journey story the Hero is in some situation that they want to preserve; while at the same time they are being called to adventure into the unknown. In most Hero's Journey stories told over the past 5,000 years, the Hero refuses the call until they meet a capable companion (AKA Coach) to guide them. Along the way they face many challenges where they discover aspects of themselves (AKA Superpowers) that they did not know they had!

The Social Survival Imperative at the core of the model is a SUPER STRONG pull that urges us to stay safe; to preserve, protect and even hide what we have and who we are. This is not a "problem"! This is just one aspect of our Human Nature. Typically, the urge to preserve is rooted in maintaining a sense of belonging to some person, group or situation. Belonging is a human survival instinct that cannot be underestimated.



BIG POINT #1

The centerpiece of your coaching is this:
What activities can you help someone play better by
observing them,
being observed by them and
talking together about what you both see.

BIG POINT #2

People who are playing big for a dream,
Are yearning to be SEEN!
By someone who knows what they are looking at.

Your BIG DREAM

Describe your BIG Dream.



Your BIG Why

Why MUST you play for this dream?



Results / Objectives

What are your "In the World" Results?



Attempts to Control Results

What Results / Objectives are NOT happening?
(What is not turning out according to plan?)



Challenges

Describe some of the challenges that are asking
you to grow.



React to Challenges

How are you reacting to the challenges?
(forcing, powering through, bunker in)



Actions

Describe your Actions in pursuit of Results.



Resist Taking Action

What actions are you not doing?
(resisting, avoiding, distracted, no time)



How you play with your environment transforms YOU into you... or YOU!

